



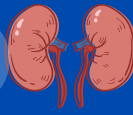



The Emotion Code



BY DR. BRADLEY NELSON

	A		B	
1  Heart or Small Intestine	Abandonment Betrayal Forlorn	Lost Love Unreceived	Effort Unreceived Heartache Insecurity	Overjoy Vulnerability
2  Spleen or Stomach	Anxiety Despair Disgust	Nervousness Worry	Failure Helplessness Hopelessness	Lack of Control Low Self-Esteem
3  Lungs or Colon	Crying Discouragement Rejection	Sadness Sorrow	Confusion Defensiveness Grief	Self-Abuse Stubbornness
4  Liver or Gallbladder	Anger Bitterness Guilt	Sadness Sorrow	Depression Frustration Indecisiveness	Panic Taken for Granted
5  Kidneys or Bladder	Blaming Dread Fear	Horror Peeved	Conflict Creative Insecurity Terror	Unsupported Wishy Washy
6  Glands or Sexual Organs	Humiliation Jealousy Longing	Lust Overwhelm	Pride Shame Shock	Unworthy Worthless